



## The Laws of Lifetime Growth: Always Make Your Future Bigger Than Your Past

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By Dan Sullivan, Catherine Nomura

BERRETT-KOEHLER, United States, 2016. Paperback. Book Condition: New. 2nd Revised edition. 184 x 127 mm. Language: English . Brand New Book. Growth is a fundamental human need. It is at the root of everything that gives us a feeling of accomplishment, satisfaction, meaning, and progress. Yet many people find their growth stalled at some point. In The Laws of Lifetime Growth, Dan Sullivan and Catherine Nomura offer ten simple laws that everyone can use to keep a fresh, innovative perspective on their lives and the world around them. These laws are the distillation of Sullivan's years of coaching successful people, paying attention to what motivates them and what unlocks their greatest abilities. Each chapter is devoted to exploring one of the ten laws in detail, including stories of people from all walks of life who exemplify the law in action, common pitfalls that people often run into trying to apply the law, and practical strategies for getting past those obstacles. This second edition includes new examples, a self-assessment to measure your progress, and access to an interactive online tool. Once you start to integrate these laws into your life, you'll never outgrow them, they'll never become obsolete,...



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