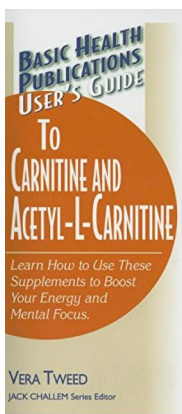


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USER S GUIDE TO CARNITINE AND ACETYL-L-CARNITINE



Basic Health Publications, United States, 2007. Paperback. Book Condition: New. 211 x 91 mm. Language: English . Brand New Book. People who need more energy and want to avoid stimulants that will make them edgy should consider taking supplements of carnitine or acetyl-l-carnitine, two forms of the same nutrient found naturally in protein. Carnitine works by transporting fats in cells to where they are burned for energy. By boosting the activity of the body s cellular furnaces, carnitine can energize...

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- Authored by Vera Tweed
- Released at 2007



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