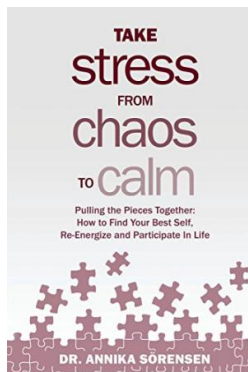


Take Stress from Chaos to Calm: Pulling the Pieces Together: How to Find Your Best Self, Re-Energize and Participate in Life



Book Review

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