



Help! I m Sensitive: 50 Tools for the Sensitive to Help You Survive Thrive

By Ronni Ann Hall

Createspace, United States, 2011. Paperback. Book Condition: New. Ronni Ann Hall (illustrator). 200 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you a sensitive? Do you feel everyone s emotions as if they were your own? Walk away from talking to a sad friend and are tired and drained? Have you ever been told you need to toughen up? As sensitive, little empaths we came in wired to feel everything strongly and be super tuned-in psychically to our environments. We needed tools to navigate this foreign world, and many of us didn t receive those growing up. 50 new tips and tools to put in your psychic self-care pocket to be able to live as a sensitive and really thrive. Organized by problem, with entertaining, down to earth, practical stories throughout illustrating each tool or lesson, you will walk away understanding how to handle the specific issues most empaths deal with and what tools to grab for. A must-have for all sensitives!.



Reviews

A must buy book if you need to adding benefit. I have go through and that i am sure that i will gonna go through once more yet again down the road. I am just very happy to let you know that this is basically the best book i have got go through inside my own life and can be he very best book for at any time.

-- Eldridge Reilly

This publication is indeed gripping and interesting. It is rally exciting through reading period of time. I am just happy to inform you that this is the very best publication i actually have go through during my individual existence and could be he finest pdf for ever.

-- Miss Lela VonRueden

Other eBooks



Help! I'm a Baby Boomer (Battling for Christian Values Inside America's Largest Generation

Victor Books, 1989. Trade Paperback. Book Condition: New. Second Printing. 8vo - over 7¾" - 9¾" Tall. Buy with confidence from "Your neighborhood book store, online (tm) - Since 1997 delivering quality books to our neighbors, all around the world!.



Help! I'm a Granny

Michael O'Mara Books Ltd. Hardback. Book Condition: new. BRAND NEW, Help! I'm a Granny, Flic Everett, But I'm too young to be a granny! An essential collection of entertaining yet handy advice for all new grandmothers. After your children move out of...



Your Pregnancy for the Father to Be Everything You Need to Know about Pregnancy Childbirth and Getting Ready for Your New Baby by Judith Schuler and Glade B Curtis 2003 Paperback

Book Condition: Brand New. Book Condition: Brand New.



Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



Games with Books: 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.



Games with Books : Twenty-Eight of the Best Childrens Books and How to Use Them to Help Your Child Learn - from Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.